

GDC REASI IS ORGANISING AN  
ONLINE MULTILINGUAL MUSHAIRA  
ON THE TOPIC "IMPORTANCE OF  
YOGA FOR HUMAN LIFE".

**LANGUAGES FOR THE POETRY:** ENGLISH,  
URDU, HINDI AND DOGRI.

**DEADLINE:** ALL PARTICIPANT SHOULD BE SENT  
ON OR BEFORE 21<sup>ST</sup> OF JUNE 2020 UPTO  
12PM.

**LIMITS:** VIDEO OF THE POETRY(OWN) 2-3  
MINUTES LONG ONLY.

**MATERIALS:** ONLY OWN POETRY.

**DETAILS TO BE SUBMITTED:** NAME, NAME OF  
THE COLLEGE, SEMESTER, LANGUAGE OF THE  
POETRY E-MAIL AND CONTACT NUMBER ON  
THIS LINK:-

<https://surveyheart.com/form/5ee9ff7740bd686ddb356041>

PARTICIPANTS WILL B AWARDED WITH E-  
CERTIFICATE ON THEIR RESPECTIVE E-MAILS.

VIDEOS SHOULD BE SENT ONTHIS WHATSAPP  
LINK:-

<https://chat.whatsapp.com/JO5AaDrgG79ixMyCohfbAR>

OR

For Urdu:9858228274.

For English :9149622454.

For Hindi: 9055549969.

For Dogri: 7006680178.

GOVT. GENERAL ZORAWAR SINGH MEMORIAL  
DEGREE COLLEGE  
REASI.

**PATRON:**  
PROF. CHANDER  
SHEKHAR(PRINCIPAL)



**CONVENOR:**  
DR. SALEEM AHMED  
HOD DEPARTMENT OF URDU.

**CO-CONVENOR:**  
PROF. GOPAL SINGH  
ASSISTANT PROF. DEPT. OF DOGRI(REASI)

**ORGANISING SECRETARY:**  
PROF. SUNIL MAGOTRA  
HOD DEPARTMENT OF HINDI(REASI)

**COORDINATOR:**  
PROF. BISHANI DASS  
HOD DEPARTMENT OF DOGRI(REASI)

**OTHER MEMBERS:**  
YOUNUS AHMED LONE (ASSISTANT LECTURER).  
MADHU BALA ( ASSISTANT LECTURER).



## IMPORTANCE OF YOGA FOR HUMAN LIFE

FOR REGISTRATION

Link below -

<https://surveyheart.com/form/5ee9ff7740bd686ddb356041>

**STAY HOME STAY SAFE**

YOGA PER  
SHER

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SHAYARI  
KAREIN