



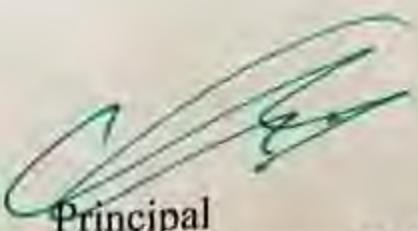
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Press Release

In order to celebrate the International Yoga Day 2020 amid the ongoing pandemic of Covid-19 Govt. General Zorawar Singh Memorial Degree College, Reasi took digital media platforms to organize various National, State and College level activities for a week from 16th to 21st June, 2020. Department of Psychology, EBSB Club, NCC and NSS unit of college, Physical Education Department and Departments of Language organized the whole week program under the able guidance of worthy Principal of College, Dr. Chander Shekhar. Participants were requested to participate by sharing Videos while doing Yoga, Poster Making/Paintings, Essay writing, making attractive slogans and by participating in online Multilingual Mushaira. Videos while doing Yoga Asanas were uploaded by more than 45 participants, posters/paintings and slogan was uploaded by more than 130 participants, more than 10 participants participated in essay competition and 47 participants participated in Multilingual Mushaira by presenting their Poetry videos. All the participants will receive e-certificates for their respective activities after the official conclusion of event. All the faculty members also shared at least one video while doing Yoga and some photographs of same. Physical Education Department organized another activity for social media platform with help of college students. In this activity, participants uploaded their Yoga Videos and photographs to social platforms like Facebook with hashtags of MyLifeMyYoga, HigherEducation, Ministry of Ayushman and YogaFromHome etc.

In Mushaira, Ayiaz Ahmed, Aditi Thakur and Manisha Devi, all from GDC Reasi, begged first, second and third position respectively. Whereas, Ashmia Thakur, Shikha Manyotra and Smriti from GDC Reasi Begged first, second and third position in essay writing respectively. It is all due to the motivation and guidance of worthy Principal and efforts of Professor Vinay Lata, Dr. Amit K. Bali, Dr. Rajinder Kumar, Prof. Gopal Singh, Dr. Saleem Ahmed Prof. Sunil Mangotra and PTI Rakesh Kumar that whole first of its kind event got successful conclusion.


Principal
GGZSM Degree College Reasi